



TRAINING SESSIONS

VASCA 50 METRI / 50M COMPETITION POOL

DOMENICA 6 MARZO / SUNDAY 6 MARCH

NPC (N° OF SWIMMERS)

	8-9	9-10	10-11	11-12	12-13	13-14	14-15	15-16	16-17	17-18	18-19	
LANE 1										FREE FOR WPS	FREE FOR WPS	
LANE 2										FREE FOR WPS	FREE FOR WPS	
LANE 3										FREE FOR WPS	FREE FOR WPS	
LANE 4												
LANE 5												
LANE 6										FREE FOR WPS	FREE FOR WPS	
LANE 7										WPS wales	WPS wales	
LANE 8										WPS wales	WPS wales	

VASCA 25 METRI / 25M TRAINING POOL

DOMENICA 6 MARZO / SUNDAY 6 MARCH

	8-9	9-10	10-11	11-12	12-13	13-14	14-15	15-16	16-17	17-18	18-19	
LANE 1												
LANE 2												
LANE 3												
LANE 4												
LANE 5	WPS CLASSIFICATION						WPS CLASSIFICATION					
LANE 6	WPS CLASSIFICATION						WPS CLASSIFICATION					

COVID TEST - accreditation

COVID TEST POINT (Yellow building near the pool)

TIME
10-12 am

ACCREDITATION IN POOL DECK (main entrance)

11-12 am

sport information desk - LOC (in pool, ground floor, near changing room)

TIME

closed

GYM

to book the gym (floor -1 in the pool) contact the pool counter between 9-12 am and 16.30-19.30



TRAINING SESSIONS

VASCA 50 METRI / 50M COMPETITION POOL

LUNEDI' 7 MARZO / MONDAY 7 MARCH

NPC (N° OF SWIMMERS)

START / ENDAT:

	7.30-8.00	8.00-8.30	8.30-9.00	9.00-9.30	9.30-10.00	10.00-10.30	10.30-11.00	11.00-11.30	11.30-12.00	12.00-12.30	12.30-13.00	13.00-13.30	13.30-14.00	14.00-14.30	14.30-15.00	15.00-15.30	15.30-16.00	16.00-16.30	16.30-17.00	17.00-17.30	17.30-18.00	18.00-18.30	18.30-19.00	19.00-19.30	19.30-20.00
LANE 1				WPS CLASSIFICATION										WPS CLASSIFICATION											
LANE 2		GER7	GER7	GER7	DOM2 FIN4	DOM2 FIN4	DOM2 FIN4	UGA1	UGA1	UGA1				GER7	GER7	GER7	FIN4 LTU2	FIN4 LTU2	FIN4 LTU2	UGA1	UGA1	UGA1	FRA12	FRA12	FRA12
LANE 3								ITA VARESE	ITA VARESE	ITA VARESE	FREE	FREE	FREE	FREE	FREE	COL8	COL8	COL8	ITA7 ESP4	ITA7 ESP4	ITA7 ESP4				
LANE 4								MAL9	MAL9	MAL9	BRA39	BRA39	BRA39	KAZ9	KAZ9	KAZ9	ESP12	ESP12	ESP12						
LANE 5		ESP12	ESP12	ESP12	ITA	ITA	ITA	BRA39	BRA39	BRA39	BRA39	BRA39	BRA39	BRA39	BRA39										
LANE 6		BRA39	BRA39	BRA39	BRA39	WPS wales	WPS wales	WPS wales	WPS wales	BRA39	BRA39	BRA39	BRA39	BRA39	CAN8 POR1	CAN8 POR1	CAN8 POR1					WPS wales	WPS wales	WPS wales	WPS wales
LANE 7						WPS wales	WPS wales	WPS wales	WPS wales	BRA39	BRA39	BRA39	BRA39	BRA39	CZE10 LTU2	CZE10 LTU2	CZE10 LTU2					WPS wales	WPS wales	WPS wales	WPS wales
LANE 8				WPS CLASSIFICATION										WPS CLASSIFICATION											

VASCA 25 METRI / 25M TRAINING POOL

LUNEDI' 7 MARZO / MONDAY 7 MARCH

	7.30-8.00	8.00-8.30	8.30-9.00	9.00-9.30	9.30-10.00	10.00-10.30	10.30-11.00	11.00-11.30	11.30-12.00	12.00-12.30	12.30-13.00	13.00-13.30	13.30-14.00	14.00-14.30	14.30-15.00	15.00-15.30	15.30-16.00	16.00-16.30	16.30-17.00	17.00-17.30	17.30-18.00	18.00-18.30	18.30-19.00	19.00-19.30	19.30-20.00
LANE 1																									
LANE 2																									
LANE 3														ITA VARESE	ITA VARESE	ITA VARESE	MAL9	MAL9	MAL9						
LANE 4														FREE	FREE	FREE	BRA39	BRA39	BRA39						
LANE 5																									
LANE 6																									

COVID TEST - accreditation

COVID TEST POINT (Yellow building near the pool)

TIME
12-15pm

ACCREDITATION IN POOL DECK (main entrance)

12-15pm

sport information desk - LOC (in pool, ground floor, access from the windows in the garden)

16-19pm

GYM

to book the gym (floor -1 in the pool) contact the pool counter between 9-12 am and 16.30-19.30



TRAINING SESSIONS

VASCA 50 METRI / 50M COMPETITION POOL

MARTEDI' 8 MARZO / TUESDAY 8 MARCH

NPC (N° OF SWIMMERS)

	7.30-8.00	8.00-8.30	8.30-9.00	9.00-9.30	9.30-10.00	10.00-10.30	10.30-11.00	11.00-11.30	11.30-12.00	12.00-12.30	12.30-13.00	13.00-13.30	13.30-14.00	14.00-14.30	14.30-15.00	15.00-15.30	15.30-16.00	16.00-16.30	16.30-17.00	17.00-17.30	17.30-18.00	18.00-18.30	18.30-19.00	19.00-19.30	19.30-20.00
LANE 1				WPS CLASSIFICATION										WPS CLASSIFICATION											
LANE 2		GER7 TUR8	GER7 TUR8	GER7 TUR8	CZE10 POR1 MEX3	CZE10 POR1 MEX3	CZE10 POR1 MEX3	FRA12	FRA12	FRA12	LAT1	LAT1	LAT1	BRA39	BRA39	BRA39	MAL9	MAL9	MAL9	UGA1 KAZ9	UGA1 KAZ9	UGA1 KAZ9	FRA12	FRA12	FRA12
LANE 3		ESP12 COL8	ESP12 COL8	ESP12 COL8	DOM2 CAN8 FIN4	DOM2 CAN8 FIN4	DOM2 CAN8 FIN4	ITA VARESE	ITA VARESE	ITA VARESE	ITA	ITA	ITA	ITA	ITA	COL8	COL8	COL8	ITA VARESE	ITA VARESE	ITA VARESE				
LANE 4						MAL9	MAL9	MAL9	BRA39	BRA39	BRA39	BRA39	BRA39	FREE	FREE	FREE	ESP12	ESP12	ESP12						
LANE 5										BRA39	BRA39	BRA39	BRA39	BRA39	BRA39										
LANE 6				WPS wales	WPS wales	WPS wales	WPS wales					BRA39	BRA39	BRA39	CAN8	CAN8	CAN8	WPS wales	WPS wales	WPS wales	WPS wales				
LANE 7				WPS wales	WPS wales	WPS wales	WPS wales					BRA39	BRA39	BRA39	CZE10 LTU2	CZE10 LTU2	CZE10 LTU2	WPS wales	WPS wales	WPS wales	WPS wales				
LANE 8				WPS CLASSIFICATION										WPS CLASSIFICATION											

Atleti italiani non iscritti alla World Series possono usare gli spazi "Free"

VASCA 25 METRI / 25M TRAINING POOL

MARTEDI' 8 MARZO / TUESDAY 8 MARCH

	7.30-8.00	8.00-8.30	8.30-9.00	9.00-9.30	9.30-10.00	10.00-10.30	10.30-11.00	11.00-11.30	11.30-12.00	12.00-12.30	12.30-13.00	13.00-13.30	13.30-14.00	14.00-14.30	14.30-15.00	15.00-15.30	15.30-16.00	16.00-16.30	16.30-17.00	17.00-17.30	17.30-18.00	18.00-18.30	18.30-19.00	19.00-19.30	19.30-20.00
LANE 1																									
LANE 2																									
LANE 3														GER7	GER7	GER7	FIN4 LTU2	FIN4 LTU2	FIN4 LTU2						
LANE 4														FREE	FREE	FREE	TUR9	TUR9	TUR9						
LANE 5																									
LANE 6																									

COVID TEST - accreditation

COVID TEST POINT (Yellow building near the pool) **TIME 15-18pm**

ACCREDITATION IN POOL DECK (main entrance) **TIME 15-18pm**

sport information desk - LOC (in pool, ground floor, access from the windows in the garden)

TIME 16-19pm

GYM

to book the gym (floor -1 in the pool) contact the pool counter between 9-12 am and 16.30-19.30



TRAINING SESSIONS

VASCA 50 METRI / 50M COMPETITION POOL

MERCOLEDI' 9 MARZO / WEDNESDAY 9 MARCH

NPC (N° OF SWIMMERS)

	7.30-8.00	8.00-8.30	8.30-9.00	9.00-9.30	9.30-10.00	10.00-10.30	10.30-11.00	11.00-11.30	11.30-12.00	12.00-12.30	12.30-13.00	13.00-13.30	13.30-14.00	14.00-14.30	14.30-15.00	15.00-15.30	15.30-16.00	16.00-16.30	16.30-17.00	17.00-17.30	17.30-18.00	18.00-18.30	18.30-19.00	19.00-19.30	19.30-20.00
LANE 1				WPS CLASSIFICATION										WPS CLASSIFICATION											
LANE 2		CAN8 KAZ9	CAN8 KAZ9	CAN8 KAZ9	DOM2 FIN5 CZE10	DOM2 FIN5 CZE10	DOM2 FIN5 CZE10	UGA1 ESP8	UGA1 ESP8	UGA1 ESP8	FREE	FREE	FREE	GER5	GER5	GER5	FIN5 KAZ9	FIN5 KAZ9	FIN5 KAZ9	CZE10 ESP4	CZE10 ESP4	CZE10 ESP4	MAL9 GRE3	MAL9 GRE3	MAL9 GRE3
LANE 3		POR11 LTU2	POR11 LTU2	POR11 LTU2	TUR9 MEX3	TUR9 MEX3	TUR9 MEX3	ITA VARESE	ITA VARESE	ITA VARESE	FREE	FREE	FREE	FREE	FREE	FREE	COL8 ita7 LTU2	COL8 ita7 LTU2	COL8 ita7 LTU2	UGA1 GBR8	UGA1 GBR8	UGA1 GBR8	FRA14	FRA14	FRA14
LANE 4								BRA39	BRA39	BRA39	FREE	FREE	FREE	FREE	FREE										
LANE 5							BRA39	BRA39	BRA39	JPN1	JPN1	JPN1	FREE	FREE	FREE	FREE									
LANE 6				WPS wales	WPS wales	WPS wales	WPS wales	BRA39	BRA39	BRA39	FREE	FREE	FREE	FREE	CAN8	CAN8	CAN8	WPS wales	WPS wales	WPS wales	WPS wales				
LANE 7				WPS wales	WPS wales	WPS wales	WPS wales	COL8	COL8	COL8	FREE	FREE	FREE					WPS wales	WPS wales	WPS wales	WPS wales				
LANE 8				WPS CLASSIFICATION										WPS CLASSIFICATION											

ITA * (30) = only world series swimmer / solo atleti iscritti alla World Series

Atleti italiani non iscritti alla World Series possono usare gli spazi "Free"

VASCA 25 METRI / 25M TRAINING POOL

MERCOLEDI' 9 MARZO / WEDNESDAY 9 MARCH

	7.30-8.00	8.00-8.30	8.30-9.00	9.00-9.30	9.30-10.00	10.00-10.30	10.30-11.00	11.00-11.30	11.30-12.00	12.00-12.30	12.30-13.00	13.00-13.30	13.30-14.00	14.00-14.30	14.30-15.00	15.00-15.30	15.30-16.00	16.00-16.30	16.30-17.00	17.00-17.30	17.30-18.00	18.00-18.30	18.30-19.00	19.00-19.30	19.30-20.00
LANE 1																									
LANE 2																									
LANE 3														ITA	ITA	ITA	BRA39	BRA39	BRA39						
LANE 4				GER8	GER8	GER8	FRA14	FRA14	FRA14	FREE	FREE	FREE	FREE	FREE	FREE	FREE	BRA39	BRA39	BRA39						
LANE 5				BRA34	BRA34	BRA34	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	BRA39	BRA39	BRA39								
LANE 6																									

COVID TEST - accreditation

COVID TEST POINT (Yellow building near the pool) **TIME**
9-12 am

ACCREDITATION IN POOL DECK (main entrance) **TIME**
9-12 am

sport information desk - LOC (in pool, ground floor, access from the windows in the garden)

TIME
9-12 and 16-19

GYM

to book the gym (floor -1 in the pool) contact the pool counter between 9-12 am and 16.30-19.30



TRAINING SESSIONS

VASCA 50 METRI / 50M COMPETITION POOL

GIOVEDI' 10 MARZO / THURSDAY 10 MARCH

NPC (N° OF SWIMMERS)

	7.30-8.00	8.00-8.30	8.30-9.00	9.00-9.30	9.30-10.00	10.00-10.30	10.30-11.00	11.00-11.30	11.30-12.00	12.00-12.30	12.30-13.00	13.00-13.30	13.30-14.00	14.00-14.30	14.30-15.00	15.00-15.30	15.30-16.00	16.00-16.30	16.30-17.00	17.00-17.30	17.30-18.00	18.00-18.30	18.30-19.00	19.00-19.30	19.30-20.00
LANE 1				WPS CLASSIFICATION										WPS CLASSIFICATION											
LANE 2		NED12	NED12	NED12	DOM2 FIN5 CZE10	DOM2 FIN5 CZE10	DOM2 FIN5 CZE10	UGA1 ESP8	UGA1 ESP8	UGA1 ESP8	MAS9	MAS9	MAS9	DEN2	DEN2	DEN2	FINS LTU2 ITA TORINO1	FINS LTU2 ITA TORINO1	FINS LTU2 ITA TORINO1	UGA1 GBR8	UGA1 GBR8	UGA1 GBR8	BRA39	BRA39	BRA39
LANE 3		FRA12 LTU2	FRA12 LTU2	FRA12 LTU2	TUR9 MEX3 BEL2	TUR9 MEX3 BEL2	TUR9 MEX3 BEL2	ITA VARESE	ITA VARESE	ITA VARESE	ESP2	ESP2	ESP2	FREE	FREE	FREE	COL8	COL8	COL8	ITA7 ESP4 LTU2	ITA7 ESP4 LTU2	ITA7 ESP4 LTU2	FRA14 SVK1	FRA14 SVK1	FRA14 SVK1
LANE 4						WPS wales	WPS wales	WPS wales	WPS wales			FREE	FREE	FREE	FREE										
LANE 5						WPS wales	WPS wales	WPS wales	WPS wales	BRA39	BRA39	BRA39	FREE	FREE	FREE										
LANE 6										BRA39	BRA39	BRA39	FREE	FREE	CAN8	CAN8	CAN8			EST1 MLT1 KGZ1	EST1 MLT1 KGZ1	EST1 MLT1 KGZ1	GRE3 JPN1 AUT4	GRE3 JPN1 AUT4	GRE3 JPN1 AUT4
LANE 7		POR11 JPN1	POR11 JPN1	POR11 JPN1	POL16	POL16	POL16	BRA39	BRA39	BRA39	FREE	FREE	KAZ9	KAZ9	KAZ9	KAZ9	CZE10	CZE10	CZE10	TUR8 BEL2	TUR8 BEL2	TUR8 BEL2	GER7 ITA VERONA5	GER7 ITA VERONA5	GER7 ITA VERONA5
LANE 8				WPS CLASSIFICATION										WPS CLASSIFICATION											

ITA * (30) = only world series swimmer / solo atleti iscritti alla World Series
Atleti italiani non iscritti alla World Series possono usare gli spazi "Free"

VASCA 25 METRI / 25M TRAINING POOL

GIOVEDI' 10 MARZO / THURSDAY 10 MARCH

	7.30-8.00	8.00-8.30	8.30-9.00	9.00-9.30	9.30-10.00	10.00-10.30	10.30-11.00	11.00-11.30	11.30-12.00	12.00-12.30	12.30-13.00	13.00-13.30	13.30-14.00	14.00-14.30	14.30-15.00	15.00-15.30	15.30-16.00	16.00-16.30	16.30-17.00	17.00-17.30	17.30-18.00	18.00-18.30	18.30-19.00	19.00-19.30	19.30-20.00
LANE 1																									
LANE 2										COL8	COL8	COL8	FREE	FREE	FREE	FREE	FREE								
LANE 3										FREE	FREE	FREE	FREE	FREE	FREE	FREE	BRA39	BRA39	BRA39						
LANE 4								GER7	GER7	GER7	FREE	FREE	FREE	FREE	FREE	FREE	BRA39	BRA39	BRA39						
LANE 5								NED	NED	NED	FREE	FREE	FREE	FREE	FREE	FREE	FREE								
LANE 6								CAN8	CAN8	CAN8	FREE	FREE	FREE	FREE	FREE	FREE	FREE								

COVID TEST - accreditation

TIME
COVID TEST POINT (Yellow building near the pool) 8-10am
ACCREDITATION IN POOL DECK (main entrance) 15-18pm

sport information desk - LOC (in pool, ground floor, access from the windows in the garden)

TIME 9-12 and 16-19

GYM

to book the gym (floor -1 in the pool) contact the pool counter between 9-12 am and 16.30-19.30